



AMERICAN HIP INSTITUTE  
& ORTHOPEDIC SPECIALISTS

LATEST UPDATES FROM AMERICAN HIP INSTITUTE

We are on a mission to educate, innovate, and offer the most advanced and comprehensive treatment options for injuries of the hip joint.



Happy Holidays

AND HAVE A WONDERFUL NEW YEAR

“During these unprecedented times, we are especially grateful for our patients, and for our dedicated team of healthcare heroes that take care of our patients. Our thoughts are with you and your families, wishing you health, happiness, and joy this holiday season.

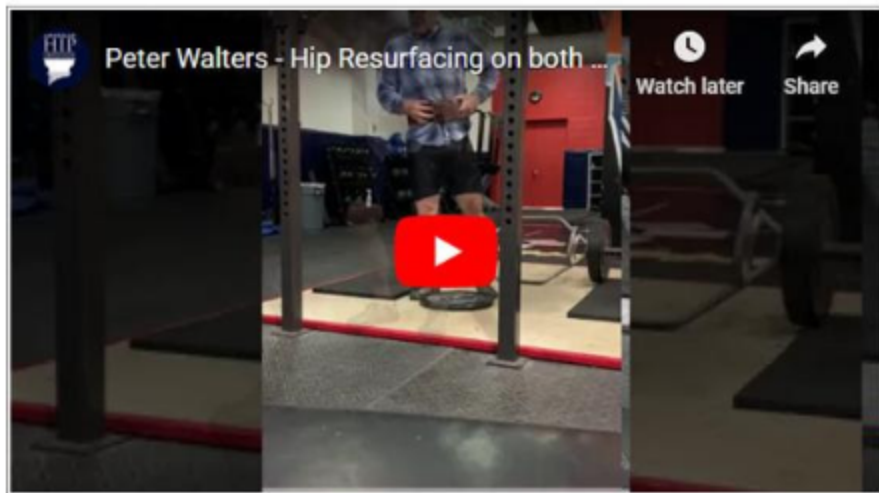
Happy Holidays!”

Dr. Benjamin Domb

Dr. Ajay Lall

& Our Team at the American Hip Institute

## Featured Comeback Story



### Peter Walters: Back to Heavy Lifting at Age 61

Peter Walters, 61, spends his days at Wheaton College as a professor in the Applied Health Science department. From biking long distances to strength training, his passion for sport is something he was not willing to give up when he started experiencing pain in his left hip five years ago. Peter came to American Hip Institute and Orthopedic Specialists (AHI) and described his pain.



[Read More - Submit Your Story](#)

# Learn the Latest Trends in Orthopedics through Our Blogs



## Home Preparation Checklist for Hip Replacement Patients

Did you know that educated patients have better outcomes? Ensure your home is prepared for your hip surgery before your surgery. Following these simple guidelines at home can help with your journey to recovery, and the prevention of falls or accidents at home. Learn how to prepare your home after hip surgery.

[Read more](#)



## The Value of Medical Research for Orthopedic Patients

Medical research studies greatly contribute to patient outcomes and give us evidence-based knowledge about orthopedic treatment options. Research studies are an important factor for continuing to improve outcomes for all orthopedic patients. [Read more](#)

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