



Your Comeback Story Starts Here!



Patient Spotlight on Morgan Reid

Former professional soccer player Morgan Reid shares her inspirational journey to healing at the American Hip Institute.

When I found out I had a substantial labral tear that could only heal with surgery, I broke down in tears. The team at American Hip Institute finally justified the immense pain I had been in for almost two years. I'm not sure if professional soccer is still in my future, but thanks to their expertise, I am filled with hope that my body will feel close to itself again and that I'll be able to do most of the things I love, pain free.

Patient Appreciation Week with the Chicago Dogs



Thank you to everyone who joined us for Patient Appreciation Week. We had a great time with our patients at the Chicago Dogs game—it was a home run of a night celebrating all of you!

Meet Dr. Mark Schinsky Director of Complex Hip and Knee Injuries



AmericanHipInstitute.com

Dr. Schinsky shares what brings him the greatest joy in his work—his patients. A board-certified, fellowship-trained orthopedic surgeon, he specializes in complex joint reconstruction and minimally invasive hip and knee replacement, providing advanced, personalized care to patients in Chicagoland and beyond.



Testosterone and Hip Health: Is There a Link?

A recent research study led by Dr. Flynn and Dr. Domb at the American Hip Institute examined the effects of perioperative testosterone supplementation on orthopedic surgical outcomes—



Are You Too Old for Regenerative Therapy? What the Research Says

Bone Marrow Aspirate Concentrate may help preserve your hip without surgery, particularly when joint condition is a greater concern than age. This

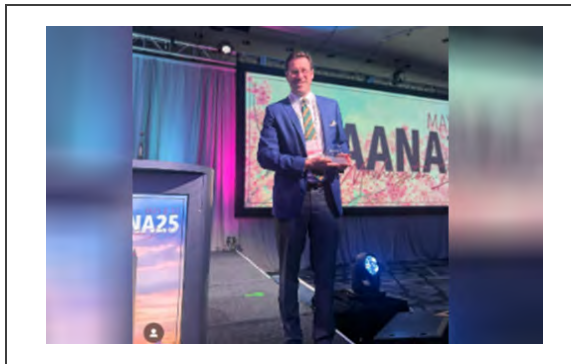
with promising results. The study found that testosterone therapy significantly improved several key clinical metrics, including functional independence, muscle volume, bone mineral density, gait speed, lean body mass, Harris Hip Scores, and overall strength in both the operative and non-operative limbs.

[Read More](#)

regenerative approach uses cells from your bone marrow to support tissue repair and reduce inflammation. Physicians consider factors such as joint health, symptom severity, and activity level—not just age—when determining whether this treatment is suitable.

[Read More](#)

Congratulations to Dr. Benjamin Domb, recipient of the Stephen J. Snyder, M.D. Arthroscopy Instructor Award



Presented by the Arthroscopy Association of North America, the Arthroscopy Instructor Award honors his exceptional dedication to educating orthopedic surgeons through teaching, presenting, and surgical training. Dr. Domb's commitment to advancing hip preservation continues to impact the field and inspire the next generation of orthopedic specialists.

Please help us congratulate Dr. Domb for this outstanding achievement!



The mission of the American Hip Institute Research Foundation is to alleviate human suffering by revolutionizing the treatment of joint pain. The Foundation aims to cure arthritis and joint pain through a multi-pronged approach consisting of early diagnosis, preventative treatment, and curative surgery.

Donate Now