

Patient Testimonial

Your Comeback Story Starts Here!



Patient Spotlight on Deborah M.

“The entire team and the American Hip Institute took (and continue to take) excellent care of me for the total knee replacement surgery I had in January 2026. The entire staff are attentive and responsive to all my concerns and questions. As I have a second knee surgery planned in 2027, I feel confident that it too will be successful, and I look forward to a full recovery! AHI literally gave me my life back after suffering from severe osteoarthritis for decades. I am so grateful!”

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Patient Spotlight on Erin T.

Erin underwent a total hip replacement at just 26 years old, and now, eight years later, she’s thriving. Since her surgery, she’s welcomed four children in five years and continues to stay active and pain-free. Erin is grateful to AHI for giving her the ability to return to the activities she loves and fully enjoy life with her family.



Meet Benjamin D. Kuhns MD, MS

Director of Research, Dysplasia Specialist

Dr. Benjamin Kuhns is a hip preservation specialist dedicated to the comprehensive treatment of adult hip pain. He has advanced fellowship training in hip preservation and reconstruction from The Steadman Clinic and the American Hip Institute. Dr. Kuhns specializes in both non-operative care and advanced surgical techniques, including hip arthroscopy, open hip preservation procedures, and robotic anterior approach total hip replacement. His focus is working together with patients to identify a customized treatment strategy designed to optimize their return to function and the activities they enjoy, regardless of their age.



The Science Behind Orthobiologic Injections: How They Accelerate Hip Recovery

When an athlete pushes past limits and sustains hip trauma or



How Robotic Technology Personalizes Every Hip Replacement for a Perfect Fit

degeneration, the path back to top performance must be precise, powerful, and evidence-based. Advances in orthobiologic treatments now focus on supporting the body's natural ability to heal and regenerate tissue rather than only repairing damage. Here's how orthobiologic injections may help enhance recovery and improve overall joint function over time.

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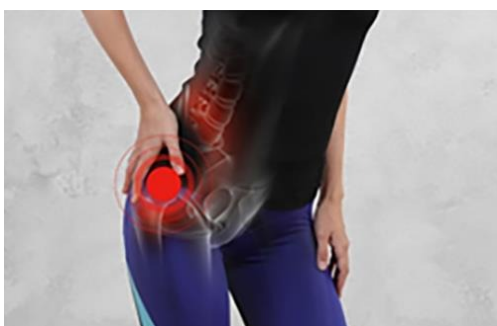
Every hip is unique, and your replacement should be too. With robotic-assisted technology, surgeons can now tailor each procedure to your exact anatomy. This innovation means greater precision, fewer complications, and a hip that moves and feels more like your own. Let's explore how advanced robotic technology is making every hip replacement truly personalized.

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AAOS - American Academy of Orthopedic Surgeons



Our surgeons took the stage at the AAOS Annual Meeting in New Orleans, sharing research, surgical techniques, and ideas shaping the future of hip surgery. From innovative approaches in the operating room to long-term outcomes in patient recovery, the discussions highlighted how collaboration across the orthopedic community continues to move the field forward.



New Non-Operative Treatment Available at AHI!

AHI providers are now offering adipose (fat) tissue injections as a non-operative and minimally invasive treatment option for patients with joint pain and injury. This is an in-office, same-day procedure where your fat is



Join Our Team!

If you are impassioned to make a difference in others' lives and are seeking a path in the medical field, we would love to speak with you.

Please see our website for current postings:

[Read More](#)

harvested, purified, and injected into the joint and/or soft tissue. Adipose tissue injections can help cushion the injured area, promote tissue repair, and potentially improve pain and function.

Our providers are happy to answer any questions you may have on adipose tissue injections. You can also find more information about this treatment option here:

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The mission of the American Hip Institute Research Foundation is to alleviate human suffering by revolutionizing the treatment of joint pain. The Foundation aims to cure arthritis and joint pain through a multi-pronged approach consisting of early diagnosis, preventative treatment, and curative surgery.

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