

Your Comeback Story Starts Here!



Patient Spotlight on Julia Mantice

"I had shoulder surgery with Dr. Flynn at the American Hip Institute, and honestly, the whole experience couldn't have gone better. From the moment I walked in, everyone, from the front desk to the surgical team, made me feel cared for and comfortable. Dr. Flynn was incredible; she explained everything clearly, checked in often, and treated me like a person, not just a patient. My recovery was smoother than I expected, and I'm already back to doing what I love. Huge thanks to Dr. Flynn and the AHI team for making something that felt scary at first such a positive experience!"

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The Inaugural Chicago Hip Summit, hosted by AHI Faculty, featuring Drs. Benjamin Kuhns, Benjamin Domb, Etan Sugarman, Mark Schinsky and Dr. Megan Flynn

The Chicago Hip Summit brought together leading surgeons to address hip dysplasia and its challenges in diagnosis, treatment planning, and surgical management. By sharing updates on diagnostic strategies, surgical decision-making algorithms, and advanced hip preservation techniques, experts from around the world engaged in meaningful discussions to drive progress in the field.

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Meet Etan P. Sugarman, M.D., FAAOS

Director of Joint Preservation Orthopedic Surgeon

Dr. Etan Sugarman is an orthopaedic surgeon specialized in Hip Arthroscopy, Sports Medicine and Joint Preservation. Dr. Sugarman has cared for the Los Angeles Rams, Los Angeles Dodgers, Los Angeles Kings, Anaheim Ducks, Los Angeles Sparks, USC football, MLS soccer, as well as Olympic and elite-level athletes. As an avid surfer, skier, violinist and former competitive basketball player, Dr. Sugarman understands that each individual and athlete is different, and a successful return to sport and function requires consideration not only of the injury but of the entire athlete.



Why the American Hip Institute Is Leading the Way in Hip Injury Research and Care

Whether you're a young athlete or an active adult, hip pain can be



From Arthroscopy to Robotic Hip Replacement: How American Hip Institute Stays at the Cutting Edge

life-altering. But treatment shouldn't be one-size-fits-all. The American Hip Institute leads the way with cutting-edge research, advanced surgical techniques, and a commitment to patient-focused care. Discover why we're recognized nationwide for excellence in hip treatment.

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Hip problems can affect anyone, from athletes sidelined by labral tears to adults struggling with arthritis-related pain. As treatment options evolve, patients are seeking solutions that are less invasive, more precise, and longer lasting. Innovation drives every step of care at the American Hip Institute (AHI), and this blog explores how we remain at the forefront of hip preservation and hip replacement.

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ISHA- The Hip Preservation Society Conference

Our surgeons took the stage at the ISHA Conference in Fukuoka, Japan, to share research, techniques, and ideas shaping the next era of hip preservation. From innovative surgical approaches to long-term outcomes in patient recovery, the discussions highlighted how collaboration across borders continues to push the field forward.



The mission of the American Hip Institute Research Foundation is to alleviate human suffering by revolutionizing the treatment of joint pain. The Foundation aims to cure arthritis and joint pain through a multi-pronged approach consisting of early diagnosis, preventative treatment, and curative surgery.

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American Hip Institute | 999 E Touhy Ave, #450 | Des Plaines, IL 60018 US

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